



FLVS Full Time Implementation Plan – Mental and Emotional Health Education

State Board of Education Rule:	6A-1.094121 Mental and Emotional Health Education
Name of the School District	Florida Virtual School (Full Time)
Superintendent of the School District	Dr. Louis Algaze
Implementation Period: (MM/YY – MM/YY)	08/1/2022-06/30/2023
Submission Date to the Commissioner	Original Submission Date: 11/22/2019 Update Submission Date: 6/2023
Direct URL to the Implementation Plan as posted on the school district website	https://www.flvs.net/docs/default-source/full-time/resources/mental-and-emotional-health.pdf?sfvrsn=dda7402a_2
School District Contact(s) for this Plan (name and email address)	Dr. Amy Hall, Student Mental Health and Safety Administrator. ahall@flvs.net

Select the specific subject area(s) of the courses in which instruction will be delivered:

<input checked="" type="checkbox"/> Art – Visual Arts	<input checked="" type="checkbox"/> Experimental Education	<input checked="" type="checkbox"/> Peer Counseling	<input checked="" type="checkbox"/> World Languages
<input checked="" type="checkbox"/> Computer Education	<input checked="" type="checkbox"/> Health Education	<input checked="" type="checkbox"/> Physical Education	<input checked="" type="checkbox"/> Other
<input checked="" type="checkbox"/> Dance	<input checked="" type="checkbox"/> Library Media	<input checked="" type="checkbox"/> Research/Critical Thinking	
<input checked="" type="checkbox"/> Drama – Theatre Arts	<input checked="" type="checkbox"/> Mathematics	<input checked="" type="checkbox"/> Science	
<input checked="" type="checkbox"/> English/Language Arts	<input type="checkbox"/> Music Education	<input checked="" type="checkbox"/> Social Studies	

Select the qualification(s) of the instructors for the above courses:

<input checked="" type="checkbox"/> Florida Certified Teacher
<input checked="" type="checkbox"/> Community-based Expert
<input type="checkbox"/> School Nurse
<input checked="" type="checkbox"/> School Counselor
<input checked="" type="checkbox"/> School Psychologist
<input checked="" type="checkbox"/> Other: School Social Workers, Student Mental Health and Safety Administrator.

I. Description of the specific course(s) in which instruction will be delivered for each grade level:

Instruction will be delivered to each individual grade level (6-12) in online sessions. Due to the unique virtual learning environment and scheduling at FLVS Full Time, each school will hold these sessions as grade-level presentations when no live classes occur in the schedule. Recordings of these sessions will also be readily available for students to access as needed.

II. Description of professional qualifications of the person delivering instruction:

The following Student Services staff at FLVS will provide this instruction: School Counselors, School Psychologists, School Social Worker, Mental Health Counselors, and/or Student Mental Health and School Safety Administrator.

III. Description of the materials and resources utilized to deliver instruction:

FLVS will be contracting services with *Evolution Labs* to utilize the *Suite 360: Mental Health* program. This program consists of 49 lessons (7 lessons for each grade 6-12) that are age-appropriate and differentiated for each grade level. These lessons will cover the specific topics that have been identified by the Florida Department of Education to be addressed through developmentally appropriate instruction and skill building. Students will have access to mental/emotional health education curriculum materials which include a combination of text (which can be translated for ELL), infographics, images, and media clips. Each lesson will be accompanied by a resource guide with links and text/phone numbers to national and local resources. Lessons will also contain explicit instructions on how to HELP (Help, Empathize, Listen, Plan) or ACT (Apply coping strategies, Consider your options for help, Talk to trusted adult). Students will complete pre/post-test questions to support district tracking and monitoring. FLVS Student Services staff will provide online sessions at each grade level to follow up with the student lessons. These grade level sessions will be led by *Evolution Labs'* Teacher Companion Guides which include shared vocabulary, key takeaways, lesson objectives, and discussion prompts. Each of the 7 lessons will consist of 20 mins of student-navigated online lessons followed by 30 mins of Student Services staff-led online sessions for a total of 350 mins for each grade level, which will meet or exceed the required 5 hours of instruction.